## Stay calm, sleep well: PM to Paris-bound athletes



eeraj Chopra shared his fitness concerns, P V Sindhu talked about the significance of self-bellef and Nikhat Zarene could barely hide her excitement about being a first-time Olympian during a light-hearted interaction with Prime Minister Narendiandd, who advised the Paris-bound group to stay calm and sleep well tor best results.

The interaction, held on Thursday, also featured the men's hockey team and the 21-strong shooting contingen in person, while some others, including Luopra, sindhu and Zaren, joined online from their respective training bases abroad.

bases abroad.

"Don't get lost in the magnitude of the Olympics because that can break your focus. We need to have faith in our talent, and the focus should be on it and it will produce results," Moull stud in this address.

The upcoming Games will be held from July 26 to August 11 and India would be hoping to better its best ever tally of seven medals including Chopads historic javelin throw gold, achieved in the Tokyo Games.

### Veg thali price up 10% in June on costlier veggies

RAGHAV AGGARWAI New Delhi, 5 July

The average cost of a vegetarian thall

The average cost of a vegetarian thall in India rose by 10 per cent in June due to an Increase in prices of onion, potato, and tomato, a report by Crisil said on Fidday, But, during the same period, the cost of a non-vegetarian hall saw a 4 per cent decline due to a drop in the price of brouler chicken. Crisil Market Intelligence and Analysis' monthly Rati Rice Rate report said that the cost of vegetarian thall, which comprises rott, vegetables (onions, romatoes and potatoes), rice, dal, curd and salad, increased to 229.4 in June from 26.7 in June 2023. Sequentially, it saw as by expect the cost of the cost of



Increased to ₹29.4 in June from ₹26.7 in June 2023. Sequentially, it saw a six declined to ₹58 in June as compared per cent rise as in May a vegetarian thail's cost was ₹27.8. The overall hike in vegetarian indigrices was attributed to a 30 per cent increase in proise of tomato. Sper cent in potato and 46 per cent in notion. For the non-vegetarian thail, which For the non-vegetarian thail, which For the non-vegetarian thail, which for the compresse all the same ingradients but dal gets replaced by chicken, the price

#### Scrapping NEET-UG not rational, Centre tells SC

SANKET KOUL & BHAVINI MISHRA

The Centre on Friday told the Supreme Court that scrapping the National Eligibility-cum-Entrance Test-Undergraduate (NIET-UO-2024 examination would not be a rational step in the absence of proof of large-scale breach of confidentiality of the exam. The Centre added that such a move could "seriously jeoparties" labbs of honest candidates who attempted the ouestions.

attempted the questions.
The submission was made The submission was made amid the controversy surrounding the medical entrance examination following allegations of malpractices, mass question paper leaks, and cheating.

In its affidavit submitted in response to a batch of petitions

response to a bactor of peritorns
scheduler to the mean of nume
filed by candidates, coaching 23. It was postponed a day
institutes and parents of NEETUG aspirants, the Union
Education Ministry said that the
Central Bureau of Investigation
leak controversy.

has been asked to conduct a How Belhi, 5 hily alleged irregularities in conThe Centre on Friday told the ducling the exam last month.

"In the absence of any proof of any lange-scale breach of confidentiality in a pan-india examination, it would not be rational to scrap the entire examination and the results already declared," the Centre stated in its affidiarl. The affidiarl further said that confidentiality of question pages is of utmost priority in any examination, "In the absence of any proof

NEET-PG exam on Aug 11 NEET-PG exam on Aug 11
The National Board of
Examinations in Medical
Sciences on Friday amnounced
that it will conduct the NEETPG-2024 exam on August 11 in
two shifts. The exam was earlier
scheduled to be held on June

# Lone Fox in the twilight

For readers and non-readers alike, Ruskin Bond has been a beacon of Indian literature for children, especially in the short-story genre. His literary after-ego, Rusty, stands within the ranks of Enild Blyton's The Famous Five or RK Narayan's Malgudi. But the man behind the

Malgudi. But the man behind the stories is equally appealing. Ruiskin Bond, over the years, has revealed himself, homestly and with fair judgement, in his memoris and autobiographies, from Scenes from a Writer's Life (1997) to Lone Faw Dancing (2017). Ay 90, after having written hundreds of stories, a handful of rowels and a significant amount of provels and a significant amount of the significant amount of th novels, and a significant amount of nonfiction in terms of letters and essays to his readers, he brings another delightful treat, The Hill of Enchantment: The Story of My Life

Electrication and the agrayment and agrayment.

"If a writer wishes to create a little magic with his pen, he must find a little magic in his life. Magic is there if we look for it." so begins the latest Ruskin Rond memoir, the latest Ruskin Rond memoir, and the latest Ruskin Rond memoir. where he talks about the mystical wind that moves a writer.

As a writer who penned his first em as a schoolboy to now at age As a writer wing perimensians poem as a school boy to now at age 90, he keeps seeking the sacred wind and it keeps finding him. The Hill of Euchantment is a life-affirming recollection of his journey as a young reader and youthful writer, his travels between hills and chies and beyond the ocean, the wins and beyond the ocean, the wins and her selections in between, and of the rejections in between, and of the rejections in between, a his twilight years, as he welc the change in and the evolution of the literary landscape, with the advent of the internet and large-scale literary feativals celebrating the mint of literature.

spirit of literatur This memoir ribute to the lifelong connections he made at the start of his writing career, as he wrote for magazines

career, as the wrote for magazine, in any one who would publish me!" he writes it also records his tryst with a long line of editors and publishers, including the firsh editor of Ritsstrated Weekly of India, CR Mandy, who was succeeded by Mandy, who was succeeded by Mandy medical field of the state of t KhushwantSingh (founder of Yojana magazine, forwhich Ruskin Bond also wrote); Britain's oldest magazine, Blackwood's;

David Davidar from Penguln and later, Aleph Book Company, and Rajen Mehraof Rupa Publications. Once scared of going out of print and running out of stories. Bond now cluerishes his readership with gratitude, and has lived the life the narrator in Tales of Fostergon/ (2013) dreamt of: "All I wanted was a

writing pad, books to read, flowers to gaze upon, and sometimes a little love, a little kiss...." Ruskin Bond

Ruskin Bond universe, there is a very thin line between life and literature—the people he has met, the places he has been to, the birds that visit him and the animals he the animals he encountered, all make it to his stories. Gifted with a

Price: ₹399 Pages: 128 office with a robust imagination, he also invents some of his characters, especially those in his ghost stories, or the comforting, warm accounts of his grandparents, which are far from the reality of this identity he have a little with the most of the seality the reality of his time with them (as

grandparents. Which are leat from the reality of his time with them das behas revealed in Lane Fax Dancing. His writing is anchored in nature; he preserves the Imparting wisdom of the trees, rivers, birds, monkeys and tigers of the natural wisdom of the trees, rivers, birds, monkeys and tigers of the natural the words and it reflects in the words. Reading faint like talking to an old friend or literating to the tales of a grandfather; slightly repetitious, a feature of this later books, but always charming. Ruskin bond has had his fair share of desolation in the from the father's death when he was burely 10 years old, to the nonesome years with his mother and hunding-BOOKS & IDEAS

with his mother and hunting enthuslast stepfather that followed, to the years he spent doing odd jobs in Jersey and London, or the reluctant city-years in Delhiafter he returned to India Of the years he spent abroad, he writes, "it was an existence not a life". To add to!, the bias against his Anglo-Indian descent has kept him humbled—from beinga lonely young boy in the mountains sam "Angrez", to being unfairly tried for what he calls a "midly grotic story".

acquitted in the case), to being confused for an American spy by a PWD engineer in his CARE CARE (Cooperative for American Relief Everywhere) years, to recently being asked to pay Sun Temple because he didn't look Indian, That is

Pages: 128 notto say the Indian establishment ignored him. He has been awarded the third- and the fourth- highest civilian awards in India, Padma Bhushan (2014) and Padma Shri (1999), respectively, as well as a Sahitya Akademi Fellowship in

THE HILL OF ENCHANTMENT: THE STORY OF MY LIFE AS A WRITER

Author: Ruskin Bond

Publisher: Aleph

2021. These are details one can find across his memoirs, but not all of them feature in The Hill of Enchantment; the latter is a much more optimistic undertaking. more optimistic undertaking, leaning towards the brighter side of life, like his stories, "I don't suppose I would have written so much about childhood or even bout other children If my own about other children's trip own and delight, "he confesses in Scenes' form a Writer's Life. Nonetheless, Ruskin Bond has created a treasury of a lifetime's worth of experiences and wisdom with his writing, carving out a space in children's literature that created it life have a season of lifetime that space in children's literature that writer, not for a long time at least.

The reviewer is a freelance feature writer. Instagram: @read dream repeat

#### Redington **Redington Limited**

(formerly Redington (India) Limited) CIN: L52596TW1961PLC026T54
ed office: Block 3, Plathin, Redesglein Timer, Emai: myostan@mdretargroup.com

#### NOTICE OF THE 31" ANNUAL GENERAL MEETING

NOTICE OF THE 3" ANNUAL GENERAL MEETING MODIFIES in service years that the 3" Annual Connent Meeting ("ALM") of the Company will be held on Toesday, July 30, 202 of at 1.00 A.M.(\$15) through video contentuing ("C") or other under visual means ("DAM") in completes will applicable provisions of the Company A.M.(\$15) and A.M. ("Annual Meeting Continued and a "Gallery and Release made in restauted and the Securities are Obschwige General of heise (Linite Obschwige and Golderstand Reputations, 2015 and with General Continue ("DAM") and Golderstand Reputations, 2015 and with General Continue ("DAM") and Golderstand Golde

the Company, in complainment of the Company, the Notice of the AGM along with the in complainment with the allower state of the Company that the AGM along with the Annual Report for the FY 2022-22 has been sent excurringly to all members of the Company, whose sent all addresses are in registred with the Company Special Participantisky if Company's Registrar and different Transfer Agent (RTA). The Administrational Company is the AGM and the Stock Exchanges Vot. SEC Limited at wear reflecting properties, and the Stock Exchanges Vot. SEC Limited at www.nes.nedial.com. The depath of Annual Report including Notice on electricities from was competited on July 5, 2024.

was completed on July 5, 2024. The Company has according Notice in electronic low. The Company has arranged to provide remote e-crising facility (immittee-closing) and the facility of using system of the other system drops in Artificial Policy and the Artificial Company in Artificial Policy and the Artificial Company in Artificial Policy and the Artificial Policy and Arti

- s, wo a.m., (to 1),

  Diale and time of lend of remote e-voiling: Monday, July 29, 2024 at 5.00 p.m., (IST),

  Remote e-voiling will be disabled after 5.00 p.m., (IST) on July 29, 2024,

  (IST), on July
- nekomer, Wednesday, July 24, 2024,

  A porton, whose mee is recorded in the simples of Manders or in the singles or beneficial sweets mandation by the dispositiones as on the cut-off states that the benefit desired as and the policy of resonates well-open-value grates-field.

  Any second with a suggestion of a sixtee of the Concept syndrocenes a remote or life to engine yable designation of the Notice and Horting states as on the sub-off date, i.e. Windowskip, July 24, 2024 or any present eligible to vide preferable in the AUX has seen with less placed bits, in you will the Select and follow the institutions ficinities.

abors and here legic in deaths. They when the Abdics and followers instructions therein. (I) Members and entirple in ACOM, who have not cast here not be greated e-ending, shall be all eights for acts there end when they all her all eights for acts there end when they are the acts of the ACOM. (I) Ornor here welder are easily to the Members has are set as in on the allowed to be changed subsequently. A Members may plant is picus in the ACOM even after exversion plant give a color through the acts of the

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Date: July 5, 2024

For Redington Limited K Vijayshyam Acharya Company Secretary

#### Tube Investments of India Limited 🔘

(CR: L35:00TNQ006PL0069496) ed Office: "Choia Grest", C 54-55, Super B-4. Ka Industrial Estate, Guimgy, Chemia: 500 033

NOTICE

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remote evolving.

A person whose name is recorded in the Register of Members of in the register of beneficial owners maintained by the depositories as on the cut-off date only shall be remilled to and the remote evolving facility is well-as evolving in the AGML Any person with a acquires sharms of the Company and becomes Member of the Company and restormes Member of the Company and restormes Member of the Company and the control of the Company and the Company and

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Notice to Physical Shareholders: SEBI vise is circular no. SEBI-HO MIRSD/MIRSD PGD-11PC/R2020307 disse March 16: 2023, effective IMAGH, 2023, mas mandals polysical shareholders to submit elim PAM, Normacon Jedos, condecidadis ban account cetalist and spoomen signature in prescribed formice: Form ISR-1 ISR-2 an

By Order of the Board For Tube Investments of India Limited



Episode 10

#### WILL THE BUDGET BRING **FOOD PRICES DOWN?**



Watch the pre-discussion on Budget 2024 in The Budget Show with BS



Visit: bit.ly/TheBudgetShowWithBS or scan this code to water.





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